



To assist the doctor in evaluating your visual skills please grade each of the following questions below. Once completed, save and email to mawani@discovervisiontherapy.com.

I have had a medical diagnosis (check box if true) My brain injury was: _____ years ago.

I suffered a brain injury without medical diagnosis (check box if true)

Current age:

Please rate each behaviour:

1 – Never 2 – Rarely 3 – Occasionally 4 – Often 5 – Always

Eyesight Clarity

1. Distance vision blurred and not clear - even with lenses.
2. Near vision blurred and not clear - even with lenses.
3. Clarity of vision changes or fluctuates during the day.
4. Poor night vision / can't see well to drive at night.

Visual Comfort

5. Eye discomfort / sore eyes / eyestrain.
6. Headaches or dizziness after using eyes.
7. Eye fatigue / very tired after using eyes all day.
8. Feel 'pulling' around eyes.

Doubling

9. Double vision - especially when tired.
10. Have to close or cover one eye to see clearly.
11. Print moves in and out of focus when reading.

Light Sensitivity

12. Normal indoor lighting is uncomfortable - too much glare.
13. Outdoor light too bright - have to use sunglasses.
14. Indoor fluorescent lighting is bothersome or annoying.

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Continued... please rate each behaviour:

1 – Never 2 – Rarely 3 – Occasionally 4 – Often 5 – Always

Dry Eyes

- 15. Eyes feel 'dry' and sting.
- 16. 'Stare' into space without blinking.
- 17. Have to rub eyes a lot.

Depth Perception

- 18. Clumsiness / misjudge where objects move or change are.
- 19. Lack of confidence walking / missing steps / stumbling.
- 20. Poor handwriting (spacing, size, legibility)

Peripheral Vision

- 21. Side vision distorted / objects move or change position.
- 22. What looks straight ahead isn't always straight ahead.
- 23. Avoid crowds / can't tolerate "visually busy" places

Reading

- 24. Short attention span / easily distracted when reading.
- 25. Difficulty / slowness with reading and writing.
- 26. Poor reading comprehension / can't remember what was read.
- 27. Confusion of words / skip words during reading.
- 28. Lose place / have to use finger not to lose place when reading.

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